FAKENHAM PARISH CHURCH

A ROCHA SILVER AWARD WINNER 2024 ECO CHURCH



October 2025

THE BEACON

Church and Community Magazine



Rector's reflection * Remembrance Garden project
ACTIVE FAKENHAM * Church events * Ramblers
Let's meet * Town Council news * Old Fakenhamian
Pet Service * Help our light shine

Church Contact Details

www.fakenhamparishchurch.org.uk

Rector
Revd Tracy Jessop
The Rectory, 21 Gladstone Road
Fakenham NR21 9BZ 01328 862268
Email: rector@fakenhamparishchurch.org.uk
Or: admin@fakenhamparishchurch.org.uk

Licensed Lay Ministers:
Elaine Burbidge 01328 851848 – Fakenham
Amanda Sands 07789 225011 – Fulmodeston

Church Wardens
Roger Burbidge 01328 851848 – Fakenham
Gail Allcock 07769 811554 – Fakenham
Andrew Lee 01328 878870 – Fulmodeston

Safeguarding Officer:
Anne Peppitt 01328 878355
Email: anne.peppitt23@gmail.com

Parish Prayers

5 Oct Mission Lane, Barbers Lane, Victoria Lane, Heath Way, Heath Lane.
Farmers and all who work on the land.

12 Oct The Lawn, Ratcliffe Road, Oxborough Lane.
All who work on or in the sea and those who support them.

19 Oct Salmons Way, Townshend Green West, Sheldrake Close.
Doctors, nurses and accident and emergency services.

26 Oct Gwyn Crescent, Searle Close, Townshend Green North and East.
Bible Society, United Nations and peace.

From the Parish Registers

Weddings
6.9.25 Amelia Smith and Liam Freear

Funerals
27.8.25 Gerald (Gerry) Smith
23.9.25 Cissie Billman

Cover pic:
Revd Tracy Jessop

You've just missed her. She didn't hang around up here – she's only delivering The Beacon!



Beacon Deadline
Editorial content to Audrey Sharp by 1st of every month
Advertising artworks to Dee Jackson by 1st of every month
Bundles available for deliverers on the last Thursday of every month

Beacon Content
Audrey Sharp
aes22@btinternet.com

Advertising
Dee Jackson
deejackson@btinternet.com

Beacon Distribution
Alison Harding
fakenhambeacon@gmail.com

Rector's reflection *Planning as an act of love.*



It is never easy to talk about death, nor to imagine our own dying. Planning for dying may sound sombre, but it is ultimately an act of deep kindness. When we put our affairs in order, leave clear instructions, and express our wishes, we offer our family and friends a remarkable gift: the ability to grieve and remember us without added confusion or anxiety.

For those left behind, the days following a death can be overwhelming. Sadness and shock mingle with tasks that seem daunting; finding paperwork, arranging funerals, making decisions about belongings. Each choice made in advance is a burden lifted; a kindness extended to those we love most.

A thoughtfully written will, a list of important contacts, even a note about favourite hymns or readings, these small actions become acts of love, reaching out to comfort those who mourn. Letting your wishes be known, whether for your service, your resting place, or your hopes for your loved ones, offers clarity and peace at a time when both can be hard to find.

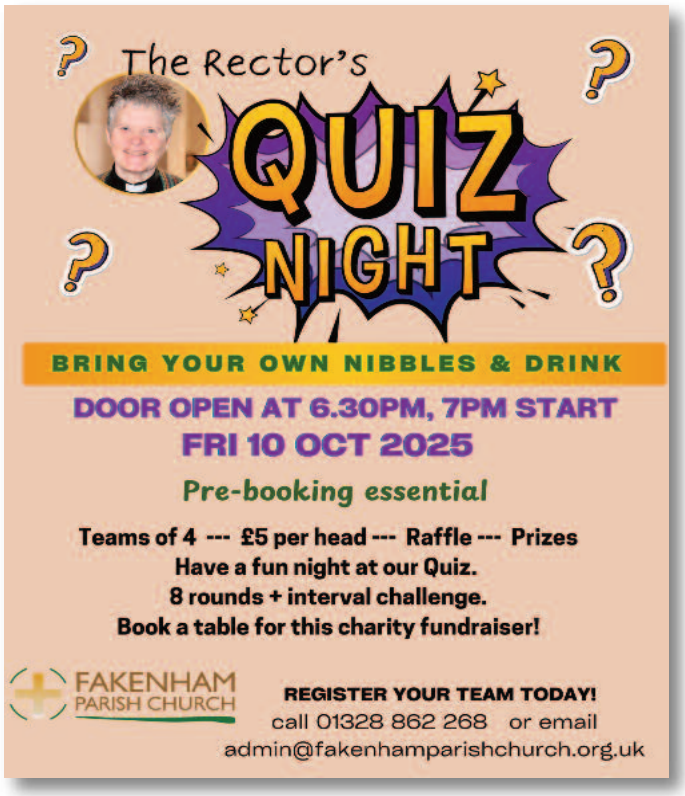
If you have not yet made these plans, consider beginning today. Discuss your wishes with your family, talk to me or your local clergy or get in touch with a funeral director.

In the midst of these preparations, it is also important to consider the rituals that help us honour a life and support one another in grief. While the trend towards simple, direct cremations may seem pragmatic, they can leave families without the opportunity for gathering, remembrance, and the comforting traditions that connect us to our loved ones and our faith. Choosing a farewell that invites participation, reflection, and shared memory, no matter how modest, nourishes our bereavement journey, allowing space for love and healing to unfold.

Ensure important documents are organised and accessible. Even if these conversations feel awkward, remember their purpose: to ease the path for those you hold dear.

In planning for our dying, we do not hasten it, nor dwell upon it with fear. Instead, we prepare the way for love to endure, even in sorrow. As the psalmist wrote, "Surely goodness and mercy shall follow me all the days of my life." We can care for those we love gently, before we are gone.

Revd Tracy Jessop





Churches around Fakenham welcome *you* in October

Parish Church Upper Market Place, Fakenham NR21 9DY

Sun 5 10am Harvest Festival Communion followed by bring and share lunch
Sun 12 8am Holy Communion (said)
10am Pet Service
6.30pm Choral Evensong
Sun 19 10am Parish Communion
Sun 26 10am Parish Communion with Baptisms

Other Services

Every Thursday 9.30am Market Day Holy Communion (a short, said service)
Every Monday (except Bank Holidays) 9.45am Stepping Stones for pre-school children with a grown-up.

Salvation Army Oak Street, Fakenham.
Every Sunday morning at 10.30 am

Methodist Church Chapel Lane, Sculthorpe. NR21 9QB
Morning service of worship 11am each Sunday

Fakenham Baptist Community Church

All Sunday services in October are 10:30-12:00 at the Fakenham Community Centre. FBCC's Harvest Festival is on 12th October and all are welcome to join us.

St Anthony RC Church Wells Road, Fakenham.
Sunday Vigil Mass every Saturday at 6.00pm
Sunday Mass at 10.45am and Tues-Fri at 10.00am

Orthodox Church of the Holy Transfiguration, Scarborough Road, Gt Walsingham
Every Sunday morning 10.00am Hours 10.30am Liturgy.

Holy Trinity, Hempton *Contact: The Revd Dr Harri Williams SSC, harri1985@gmail.com*
Sunday Mass at 9.30am. Wednesday Mass at 9.30am.

We continue to pray for peace for all the people of Gaza, Israel and throughout the Middle East at this time.
We continue to pray for peace for the people of Ukraine.
"God of peace and justice, we pray for the laying down of weapons in every place of war. We pray for all those who fear tomorrow, that you would hold and protect them".

The story of a hymn: O God of earth and altar…

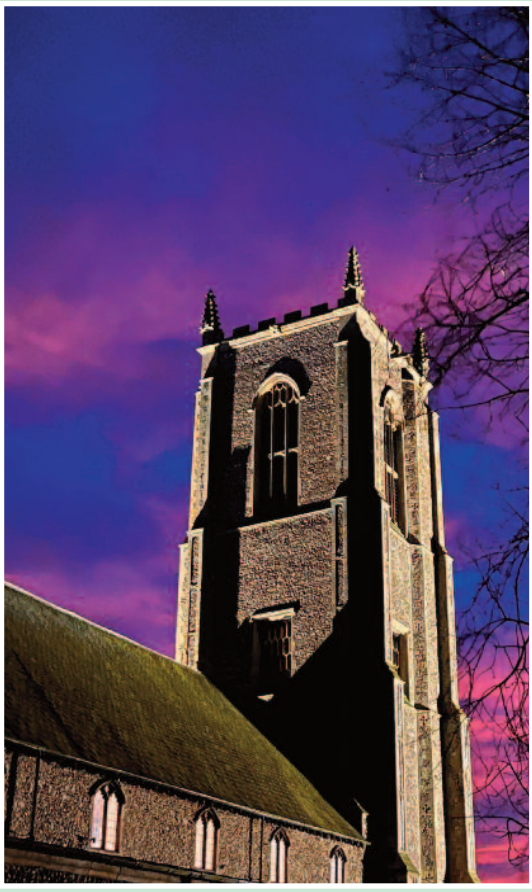
This hymn has some very timely words. One line in particular, might sum up our somewhat disturbing world, as portrayed on the news every day: 'Our earthly rulers falter, our people drift and die.' Written in 1906. by G.K. Chesterton, it was dubbed 'A Preyer for the Nation'. Born in 1874, Chesterton was a journalist, author, and poet, and was a towering literary figure of his day. He was nominated for the Nobel prize for literature. He was an artist, a broadcaster and a theologian. He was the author of the Father Brown stories, and as a poet, wrote The Donkey, with its allegorical story about the journey to Bethlehem. Chesterton felt that we didn't appreciate each other and respect our differences, one of the themes explored in the hymn. Chesterton referred to himself as an orthodox Christian, and he eventually became a Roman Catholic. Biographers felt he was a worthy successor to Matthew Arnold, Thomas Carlyle, John Henry Newman and John Ruskin. He died, aged 62, in 1936.

One musical arrangement was written by Ralph Vaughan Williams, with the tune King's Lynn. This came from his hearing a King's Lynn fisherman singing a folk song to that tune. Llangloffan, a traditional Welsh air, arranged by Richard Giszczak, was an alternative. But the preferred music is often something else, by R.L.Pearsall, who wrote Willsbridge. All this might be academic, with the hymn having fallen from its former popular status, but Chesterton's words do have a message for today.

O God of earth and altar,
bow down and hear our cry,
our earthly rulers falter,
our people drift and die;
the walls of gold entomb us,
the swords of scorn divide,
take not thy thunder from us,
but take away our pride.

Sources : Music for mass.blog ; Hymnary.org; Wikipedia

Kay Hathway



Floodlighting Sponsorship - helping our light shine

You can keep our Church beautifully lit by sponsoring one of our floodlights for £15 a week, perhaps to celebrate a special occasion or to remember a loved one.
If you would like to sponsor our floodlighting, please use the form available from church or on our website or call us on 01328 862268 for more information.

Flood lighting sponsors

w/b 15 September: Emma King in memory of: 'My dad, Alan Cutler. Always in my thoughts.'

20 September: Graham Goodberry and all the family: 'Congratulations Doreen on your 90th birthday.'

w/b 5 Oct: Mary-Ann Konoba in memory of: 'My son, Lawrence Patten.'

W/b 27 October: The Eaton family. In celebration of John Eaton's Birthday.

Thank you all.

October Walks with Fakenham Ramblers

Saturday walks start at 10.30am. Wednesday walks begin at 10am. Bring a packed lunch on Saturday walks which are generally over 6 miles. Otherwise, sturdy boots and waterproofs are all that's required. Please arrive ten minutes or so before the walk start time..

Please contact the walk leader for up-to-date walk information.

Date & Time	Venue	Grid Reference Postcode Distance	Walk Leader(s)
Saturday 4th October 10.30am	**Old Beetley & East Bilney** Park/meet at St Mary Magdalene Church in Beetley. Parking donation £1	OS 238/973185 **NR20 4AB** 6 miles	**Jane & Dave** 07790 642185
Wednesday 8th October 10am	**Wells** Meet at the Buttlands]	OS 251/ 916434 **NR23 1EZ** 6 miles	**Alison** 01328 712155
Saturday 18th October 10.30am	**Elsing** Park/meet at the grass car park beside St Mary's Church, Elsing	OS 238/051166 **NR20 3EA** 9.8miles	**Bridget** 07866 034378
Wednesday 22nd October 10am	**Cromer & Incleborough Hill** Park/meet at Runtop Road Car park by café	OS 252/ 212424 **NR27 9AU** 5.5 miles	**Jane & Dave** 07790 642185

Fakenham Parish Church
IMPORTANT - Remembrance Garden Landscaping Project

We would like to inform you about forthcoming improvements in the Remembrance Garden. The project aims to enhance the peacefulness whilst creating a low-maintenance, beautiful and tranquil space for all visitors to enjoy. The project will be completed respectfully for all interments of ashes.

Project Overview
Our work includes levelling the uneven surfaces around the memorial plaques. During this process, all grass and weeds will be removed and each memorial plaque will be carefully taken up, cleaned, and repositioned in the original location on new landscaping fabric. The surface will be covered with Norfolk natural 12 mm fine gravel. There is a sample of this currently on display in the garden (and on the photograph) with a natural stone surround.

Schedule and Access
The work is anticipated to start in the dormant season, late October or early November, and expected to take up to two weeks. For safety reasons, the garden will be temporarily closed off during the works. We will aim to keep disruptions to a minimum.

Existing Memorials
We recognise the significance of the personal mementoes and arrangements placed at the gravesites of loved ones. Vases and flowers that comply with churchyard regulations will be carefully kept and maintained alongside each memorial plaque. Other items will need to be removed. A copy of Churchyard Regulations is on display in the church porch.

What You Can Do
- Questions: If you have queries or concerns about the project, please contact the church office at 01328 862268 or email admin@fakenhamparishchurch.org.uk
- Removable Items: If there are specific items you wish to keep and remove before work begins, please do so. Assistance is available, using the contact details above.

Finally
We appreciate your patience and cooperation as we strive to make the remembrance garden a more beautiful and inviting place to honour those we dearly remember.



Town Council News

Speeding in town
The council regularly receives complaints about speeding traffic in town. Sadly, there is little that we can do about it. Only Police have the powers to stop motorists and ticket them. In August, local councillors from the town, district and county had a meeting with our Beat Manager, PC Elliott and her Sergeant. They explained that, with limited resources, and wide area to cover, they rely on the public to highlight where there are problems. Holt Road, Rudham Stile Lane and Oak Street holding the highest scores. The council now has two SAMS2 mobile speed awareness signs which are rotated to different sites in town. However, the Police representatives did request as much information as possible from residents. They also reminded us that, if residents wish to set up their own speed monitoring group, they will provide training.

Community Engagement Officer, PC Peter Davison, has a role supporting the Neighbourhood Watch team and collaborating with local Beat Managers to help make our community a safer and more welcoming place to live and work.
You can contact PC Davison by emailing him at: Peter.Davison@norfolk.police.uk

Dangerous trees
I seem to have read rather a lot of stories in the press about trees falling sometimes on buildings, but more worryingly on people, sometimes with very serious consequences. We hope you will be reassured to know that the town council has just carried out a parish wide survey of our trees, many of which are under stress because of the weather we have experienced. Long periods of very dry weather followed by long wet periods create stress, which is not good for their health. Some readers may have noticed that two large trees had to be felled at Gogg's Mill. The council now has a strategy in place to monitor the estate and to take preventative measures where necessary.

Angela Glynn, Chairman, Fakenham Town Council

Old Fakenhamian

The autumn is famously known as 'the season of mists and mellow fruitfulness' but this year the mellow fruitfulness came early due to the hot summer, so I found myself making plum jam in the middle of August and the piccalilli in early September.

This seasonal activity takes me back to my childhood as I helped my mother fill up the larder with the summer's bounty - salting runner beans in large sweet-jars, making big batches of piccalilli, chutneys, jams and jellies. It also brings back memories of days spent in the harvest field and then the joy of the harvest festivals both at school and at chapel. The specially made bread to resemble a wheat sheaf and the rousing hymns of all being ' safely gathered in ere the winter storms begin' are cherished memories. It is strange today to pass a combine harvester in a field in the morning and to come back later in the day and see the field bare. Back then it would take days to harvest a field and afterwards we children would play in the fields building houses out of the straw bales and then watching as these bales were turned into stacks using a cranking elevator. (One of my favourite Dad's Army episodes is the one where the platoon is called on to bring in the harvest, although our days did not end in being drunk on home made cider!)

Now as the days shorten, it is wonderful to open up a jar of summer sunshine at the breakfast table or at lunchtime a jar of golden piccalilli particularly fishing out my favourite bits of crunchy cauliflower. And at Christmas, no tea-time spread would be complete without a jar of home made chutney.

Gilly Foortse



CHRISTMAS TREE FESTIVAL Update – we need your help!

Open 27th Nov – 4th Dec. 10am – 8pm daily
Festival Service Sunday 30th Nov. 10am

Come and see us at the Festival desk every Thursday in church 10.30 – 11.30,
where we can answer any questions, and receive your offers of help and donations of tombola prizes.
Your help is always appreciated. Thank you!

Christmas Tree Festival – hot cakes!

Here is an easy recipe for Christmas cakes, which sell like hot cakes at the Christmas Tree Festival.
If you'd like to make one to support the festival, do have a go!

Makes 1 large or 4 small cakes.

Ingredients:
6 oz margarine
6 oz soft brown sugar
4 eggs
8 oz plain flour
1 tablespoon black treacle (optional)
1/2 lemon rind grated
1 tsp mixed spice
1 lb 14 oz mixed fruit with peel
2 oz cherries
2 oz ground almonds.

Method:
Cream sugar & marge. Add beaten eggs alternately with flour, spice & rind mixed. Mix in remaining ingredients.
Grease & line 8 inch deep square tin or two 1 lb loaf tins with baking parchment/ grease proof paper.
Cook gas mark 2, 350 deg F, 150 deg C for approx 2 - 2 &1/2 hours for large cake or approx 1 & 1/2 hours for small cakes. Test in centre with a metal skewer which will come out clean if cooked. Cool in tins. Cut large cake into 4 or small cakes into 2.
Marzipan & ice ready to bring to church on Sat. November 22nd at 10 a.m. for wrapping.

Thank you! Margaret Simpson



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Fakenham Film Festival 2025: Celebrating Norfolk on the Big Screen – on until 14 Oct. Don't miss it!

After the huge success of last year's event, we are delighted to announce the return of the Fakenham Film Festival 2025 (FFF25), hosted at Fakenham Central Cinema. This year, the festival will shine a spotlight on films made in Norfolk, with a programme that includes:

- Beloved full-length feature films
- Hidden treasures from the archives
- Short films capturing local Fakenham events and people

What's New in 2025?

- Independent Film Evening – Meet the filmmakers, watch their work, and join them for an exclusive Q&A about the creative process.
- Red Carpet Event – Step into the spotlight, have your photo taken, and enjoy a special screening of the festival's competition entries, followed by the announcement of this year's winners.

With its unique mix of nostalgia, community spirit, and fresh creative talent, FFF25 promises to be an unmissable celebration of film in Fakenham.

Festival Dates:
23rd September – 14th October 2025

Tickets:
Just £5 – book early at Fakenham Central Cinema or online via the Active Fakenham website.
If available tickets will be on sale on the day of the performances.



Check your chest!



In 2024, Lucie Green's diagnosis of breast cancer was a shock and life changing. After intense treatment and surgery, she is now on a mission, under the auspices of the national charity, Coppafeel, to stamp out the late diagnosis of breast cancer. She wants to raise awareness of the need for young people to know their bodies, to check their breasts, pecs and chests regularly and to be confident enough to see their GP if anything doesn't feel normal.
Lucie, a Norfolk Scholar, was born and raised in Fakenham and now lives in Warwickshire. She is fundraising to go on a 5-day 100km trek across the Sahara Desert in November in order to publicise the charity's work. All donations go directly to Coppafeel.
If you would like to support this work, go to justgiving.com click on 'Donate to a cause' and type in Lucie Green. If you want to know more about Coppafeel, here is their website: www.coppafeel.org

Thank you.

Let's meet . . . Jim Rymer O'Malley



I've recently caught up with one of the artists at the brilliant art exhibition organised by Active Fakenham throughout August. Jim moved to the UK from his native Ireland in 1999. He came to fulfil a teaching post at a school in Blackheath. Sometime later, he and wife Ellen stuck a pin in a map to ascertain where they would venture next! He then took a post in Northgate High, Dereham, as Head of Drama and Production. His original degree, from Rose Bruford College in Sidcup, was in Theatre Studies. He subsequently trained as an integrated psychotherapist and took an MSc in Child Forensic Psychology at Portsmouth. Both Jim and Ellen had been previously married and between them have three adult children. They were married in an Irish castle in 2009. Jim and Ellen, who is also a trained psychotherapist, set up Verbatim in Fakenham, which is a therapy centre for adults and young people, also providing services for traumatised children. With a multi-disciplinary team, they provide therapy and education, and diagnose Autism and ADHD. Jim's great loves are painting and music. He has had work exhibited in London and Dublin, and also at Venetia's Yarn Shop, in Fakenham.

Who was a great influence in your life? My father was an amazing man for his generation, so highly intelligent. He felt that a good education and a sturdy pair of shoes were the way to get ahead. Following his death, I took a year off, and painted a series of works dedicated to my father's name.

What did you learn from your parents? From my Mum, kindness, and from my Dad, in addition to the above, a strong work ethic.

What's the biggest thing you've done on the spur of the moment? Ellen and I were touring the West coast of Ireland and stopped to look at some dolphins in the bay. I formally asked her to marry me, (having bought the ring with me).

Your greatest strength? A good sense of humour, being adaptable and optimistic.

The greatest challenge you've had to overcome? Fifteen years ago, following meningitis, I had a bleed on the brain and suffered Aphasia, impairing my ability to recognise words and their meanings. It took nine months to recover the use of language.

What would Ellen say about you? She said: vivacious and dependable, honest and kind.

Your earliest memory? At around the age of 3 or 4, I remember standing by the garden gate and wanting to be 'out there' engaging with life.

Have you ever been grateful for the kindness of a stranger? When my daughter was very little, I was stranded in Stansted, without the means to get home. A stranger stepped in and paid my bus fare to Norwich.

Is a religious faith part of your life? I'm a Christian, which is very important to me, but I'm not overly religious. Faith helps me to offset the traumas that have come my way.

What might you buy on impulse? A guitar, to add to my collection, which includes ukuleles. I have a studio next to the house, where I play my music. I'm not very good, but I love it.

What worries you about modern life? How people relate to one another. The more connected to their phones, the more separated they become. I see many young parents, with one hand glued to their phones, not talking to or engaging with their children.

What's the best thing about your work? I meet fabulous people and listen to their stories; it's like having a window into their private life.

And the least liked? In spite of the training, it's hard to see people in pain.

What's the secret of happiness? Recognising it's an illusion, whilst contentment is longer lasting and better.

What would your luxury item be on a desert island? A piano, no, a baby grand.

If you had a whole day to yourself, what would you do? I'd be visiting art galleries and exhibitions. We are so lucky to have the Sainsbury Centre close by with free entry.

Whose work do you like? I like Francis Bacon although his work can be complex and disturbing. I love the bold colours and raw emotion, within.

Is there a person you admire? Martin Luther King. He stood up for his beliefs, which cost him his life.

Your favourite holiday destination? Gozo, Malta, where we spend a part of each year, and the west coast of Ireland.

Is there somewhere you'd like to go? I'd like to explore Budapest.

Do you have a guilty pleasure? Cadbury's chocolate.

Tidy or untidy? I think I'm tidy, Ellen might think differently!

Lark or owl? Very much a lark.

And, finally, in your spare time? I love walking Gandalf, our dog, but also rather like stopping for coffee and cake!

Kay Hathway

Christ Church, Fulmodeston



Last month's pet service was a great occasion at which to be appreciative of all the joy our companion-animals bring us and mindful of our duty to look after them. Respect for the natural world continues as a theme this month as we celebrate our planet and what it allows us to produce. Once again, our gardeners and farmers have experienced a challenging year – yet somehow or other things grow and crops are harvested. The beetroot in my garden this year have certainly been whoppers and there's been borscht-a-plenty. We must take care how we treat our pets and our planet and treasure what they give us.

October Services

Sunday 5th	4pm Harvest Thanksgiving Evening Prayer
Sunday 12th	11am Holy Communion (Book of Common Prayer)
Sunday 19th	10am Parish Communion at Fakenham
Sunday 26th	4pm Evening Prayer (note change of time – daylight saving)

Carolyn Thomas-Coxhead

FAKENHAM AND DISTRICT COMMUNITY ARCHIVE



Active Fakenham recently organised an Arts Festival that included a display of paintings all around the town, created by local artists. In 1975 exhibitions took place in the Conservative Club and then in church in 2013, of photographs that were taken as part of a national Arts Council festival called the Free Photographic Omnibus. This was when professional photographer Daniel Meadows toured the town, taking pictures of local people and places. This month's archive photo is the one he took then of the 'Band Room'. This building, at the top of Constitution Hill, was originally built to house the National School for Boys in the 1830s before becoming the Band Room in 1919, a Kingdom Hall in 1984 and then residences in 2008.

The names we have of the musicians, pictured in the Band Room, are Bernard Wright, Charlie George, Jenny Jarvis, Pippa Cook, John Mouton and Bill Grimmer. (Please let us know if you recognise anyone else- even yourself!)

The photos were donated by Lisa Smerdon.

If you'd like to see more of the Archive photos as well as videos, scrapbooks and slideshows come to one of our meetings in Church from 2.00 pm to 4.00pm on the last Tuesday of every month. You can also find them on www.fakenhamcommunuityarchive.weebly.com

Howard Young



Celebrate community and share delicious seasonal dishes together

TUES 28 OCTOBER

5:30 PM FOR 6:00 PM

DINNER, DESSERT & HOT DRINK £10 ADULT £4 CHILD

- Dinner
- Fellowship

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FAKENHAM PARISH CHURCH



All Souls Commemoration Service

Sun 2 November 2025
4pm in Fakenham or 6pm in Fulmodeston

A service to remember someone close to you who has died. Names of loved ones will be read out in this moving service, candles are lit, and we commend those we love to God.

FAKENHAM PARISH CHURCH

Christ Church Fulmodeston

FAKENHAM PARISH CHURCH

Come and celebrate creation ...

Pet Service

Sunday 12 October at 10am

A short service to give thanks for our pets and blessings for all.



Message from Norfolk Constabulary

Would you like to know more about what's going on where you live in relation to community safety and relevant policing matters?
Do you want to hear the latest updates from a trusted source?
Your local community police officers have recently started using a system called 'My Neighbourhood Updates' and you can sign up to hear directly from us.

It's completely free, you won't get sent unnecessary spam and your data will be safe.
You can sign up for email alerts, view historical data, and even share or print reports to discuss with neighbours or local groups.

This will help you to make informed decisions about your safety and fosters a sense of shared responsibility in keeping the community secure. By bridging the gap between the police and the public, My Neighbourhood Updates supports a more engaged, informed, and resilient community.

Sign up today at www.myneighbourhoodupdates.co.uk

Fakenham Film Society

Oct – Dec Central Cinema

Thurs 9 Oct - **Klute (1971)**
Thurs 6 Nov* - **The Colour of Pomegranates (1969)**
Thurs 4 Dec* - **The Holdovers (2023)**
***note change of date**

Members £5 **Non-members £7**

www.fakenhamfilmsociety.org for further details



New to Fakenham?
Hoping to make new friends?

We have a thriving Mothers' Union at Fakenham Parish Church.

Come and meet us
you will be warmly welcomed!
Meetings on 2nd Tuesday of each month at 2pm in the Trinity Room in the Church.

Open Meetings to which everyone is welcome!

Would like a chat beforehand?
Contact Eunice on 01328 855665

A FRENCH EVENING AT Q'S

Friday 10th October
18:30 for 19:00

An Evening of Classic French Cuisine with Charming Music with a French flair, romance and Joie de Vivre, by the talented duo "Je Suis Swing"

2 courses for £26, 3 courses for £32

Organised by Fakenham - Olivet Twinning Club,
BUT OPEN TO ALL!

For more information, or to book,
Contact Sally on 07917 291 569
or Via sallyannrumbles@gmail.com



Can you deliver The Beacon?

Here are some examples where we need your help - You don't have to live there!
Greenway Lane north / and or south
William Road
Station close
Barons Hall/ Hall Close

It you can help, please contact
fakenhambeacon@gmail.com
Thank you!

VISION NORFOLK

Celebrating 220 years Serving the Visually Impaired in Norfolk

We provide individualized support to anyone experiencing sight loss in the Norfolk area, also family, friends and other supporters.

We can provide assistance answering questions, understanding benefits, exploring assistive technology, and give important emotional support.

Please reach out if you have concerns regarding sight loss, and we can talk through possible solutions.

We have activities in Fakenham for you to experience, ie: an Audio Book Club, Indoor Bowls, Archery, and a Coffee Morning . At these events you can share experiences with others and make new friends.

Contact: 01553 660808
email: kingslynnhub@vision Norfolk.org.uk

Gt Ryburgh October Market

Sat 18 Oct 9.30 – 12 noon

St. Andrew's Church, Gt Ryburgh NR21 0EB

Books, plants, crafts and gifts

Refreshments at St. Andrew's Pantry.

Free entry. Details from: 01328 829413

Quiz @ The Gallow, Lancaster Room

Fri 17 Oct 7.30pm

in aid of Rudham Primary School
Teams of six, £4 per person
Food available
Raffle

For all enquiries & to book your team in please contact Serena on 07496256760

Organised by The Friends of Fakenham

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